

## Caring for Parents

“So teach us to number our days, that we may get a heart of wisdom.” –Psalm 90:12

“Honor your father and your mother, as the Lord your God commanded you, that your days may be long, and that it may go well with you in the land the Lord is giving you.” –Deuteronomy 5:16

Intro—Brief summary of our experience of caring for three parents who lived into their 90s.

Advantages we had with Janet’s dad

Janet’s frustration—what we did not anticipate

Joel’s frustrations—what I did not expect

Advantages of caring for him in our home

What worked well for 2½ years

What worked for the last year

The last 5 months

How we feel about it now

### Resources

*Heaven*, Randy Alcorn—used it for scripture references to help answer Dad’s questions about Mother dying

*Walking with God through Pain and Suffering*, Timothy Keller—used it to help with my own suffering  
AGE of Central Texas (Austin Groups for the Elderly)—used it for caregiver education. AGE sponsors free conferences—[www.ageofcentraltx.org](http://www.ageofcentraltx.org)